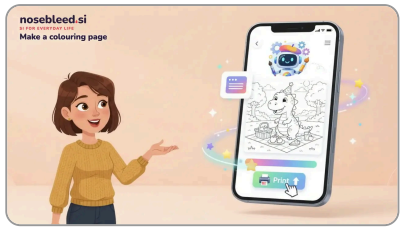
Make a colouring page



Use AI to draw a colouring page just right for a child you know, then check it before you print.

By the end, you'll be able to:

- describe what makes a good colouring page
- match the picture to a child's age
- check the picture before printing

Warm-up Did you colour in as a child?

Talk about it with your group. What did you like to colour? Do grandchildren or young friends colour now?

1 What makes a good colouring page?

Tick what suits each age.

	Age 4	Age 9
Thick, bold outlines		
Big shapes, with lots of space		
Lots of tiny details		
No grey shading		
A simple background, or none		
Patterns to fill in		

2 Ask AI to draw it

You'll need an AI app that can make pictures. If you have one, try this prompt.

TRY THIS PROMPT

Please draw a colouring page for a 4-year-old who loves tractors and sheep. Black outlines on white only, with thick lines, big simple shapes and no shading. Fill the page, with a simple farm background.

3 Check before you print

An AI drew a page with these problems. What would you ask it to change?

THE PROBLEMS

The tractor is coloured in red. · The sheep have lots of tiny curls. · There's grey shading under the tractor. · There's writing on the barn that doesn't make sense.

Your follow-up:

4 Plan one for a child you know

Use a first name only.

	Your plan
First name and age	
What they love	
Easy or detailed?	

Write your prompt:

5 Printing tips

- Save the picture, then print it at full page size.
- Choose black-and-white printing to save colour ink.
- Make a few different pages and keep them for rainy days.

> **No device?** In pairs, draw a simple colouring page for a 4-year-old: big shapes, thick lines. Swap and colour each other's!

Find out more: read the free step-by-step guide, with a 10-second video, at **nosebleed.si/ideas/make-a-colouring-page**

Teacher notes: Make a colouring page

Time: 45 to 60 minutes

Group: any size; works well in pairs

Level: beginners; no AI experience needed

You'll need: a copy per learner; coloured pencils; phones or tablets with an AI app that can make pictures (optional)

Before the session

Try the prompt yourself, and print the result. Not every AI chat app can make pictures. Coloured pencils make the session more fun, especially for the no-device activity.

Running order

5 min	**Warm-up.** Colouring memories.
10 min	**Part 1.** What suits each age.
20 min	**Parts 2 and 3.** Try the prompt, then the follow-up.
10 min	**Part 4.** Plan a page for a child they know.
5 min	**Wrap-up.** Check, then print.

Answers: Part 1

Age 4: thick outlines; big shapes; no shading; a simple background.
Age 9: many will enjoy more detail and patterns. Thick outlines and no shading still help at any age.

Part 3: an example

"Please draw it again in black outlines only, with no colour and no grey shading. Give the sheep simple, smooth wool, and take the writing off the barn."

Discussion points

- AI often adds colour or shading, even when asked not to. Ask again, plainly.
- Pictures of the child's own favourite things are what make it special.

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