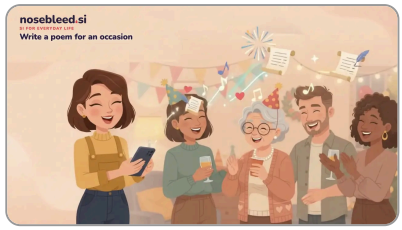
Write a poem for an occasion



Use AI to write a short poem for a birthday, anniversary or thank-you, then make sure every detail is right.

By the end, you'll be able to:

- give AI the details that make a poem personal
- ask for changes: shorter, funnier, gentler
- check the poem for mistakes and made-up details

Warm-up Have you ever written a poem?

Talk about it with your group. A poem in a card? A verse at school? Do you have a favourite poem?

1 The details

Ken and Pat are made up. Read the notes, then add two more details you'd want in the poem.

KEN AND PAT'S NOTES

Golden wedding: 50 years married. Met at a dance hall in 1977. Love caravan holidays in Whitby. Pat makes the best scones; Ken can't dance but tries. Two children, five grandchildren.

2 Ask AI for the poem

If you have a device, try this prompt with the notes.

TRY THIS PROMPT

Please write a short, warm and gently funny poem for Ken and Pat's golden wedding: 50 years married. Use these details, and don't add any others. Make it four verses of four lines, with an easy rhythm for reading aloud. Here are the notes:

3 Check the poem

Here's a verse an AI wrote. Find **two** mistakes.

EXAMPLE VERSE

Forty years have flown on by,
Since school days when you caught his eye;
Through Whitby rain and caravan tea,
You've built a lovely family.

4 Make it better

Tick the follow-ups you'd like to try.

☐ "Please make it funnier." ☐ "Please make it shorter, for a card."

☐ "Please mention the scones." ☐ "Please use simpler words."

Now write two lines of your own for Ken and Pat. They don't have to rhyme!

5 Good habits

- Check names, numbers and dates. AI can slip, even in a poem.
- Read it aloud: if you stumble, ask AI to smooth the rhythm.
- Add a line of your own. It's what people remember.

> **No device?** In small groups, write one verse together for Ken and Pat. Each person adds a line.

Find out more: read the free step-by-step guide, with a 10-second video, at **nosebleed.si/ideas/write-a-poem-for-an-occasion**

Teacher notes: Write a poem for an occasion

Time: 45 to 60 minutes

Level: beginners; no AI experience needed

Group: any size; works well in pairs

You'll need: a copy per learner; phones or tablets with an AI chat app (optional)

Before the session

Try the prompt with Ken and Pat's notes. They are made up. Have a few short poems or card verses to hand for the warm-up.

Running order

5 min	**Warm-up.** Poems we remember.
10 min	**Part 1.** The details that make it personal.
15 min	**Parts 2 and 3.** Try the prompt, then check the verse.
15 min	**Part 4.** Follow-ups, then lines of their own.
5 min	**Wrap-up.** Volunteers read aloud.

Answers: Part 3

1. **Forty years**: it's 50 (a golden wedding).
2. **School days**: they met at a dance hall.

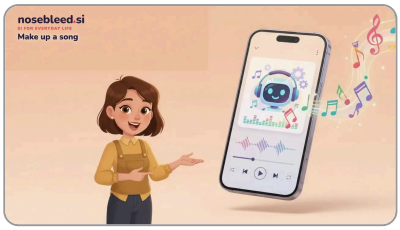
Small slips like these would spoil the moment, so always check.

Discussion points

- Specific details (scones, Whitby, a dance hall) make a poem feel personal.
- Follow-ups are how you get it just right.
- Anniversary names: silver is 25 years, ruby 40, golden 50, diamond 60.

© FirstM Ltd 2026

Make up a song



Use AI to write new words to a tune everyone knows, for a birthday, a party or just for fun.

By the end, you'll be able to:

- choose a well-known tune and a subject
- use AI to write words that fit the tune
- check the words fit, and are true

Warm-up Which songs does everyone know?

Talk about it with your group. Which songs could a whole room sing without the words in front of them?

1 Pick a tune and a subject

Traditional tunes are free for anyone to use. Tick one you know.

☐ Twinkle, Twinkle, Little Star ☐ She'll Be Coming Round the Mountain

☐ Daisy Bell (A Bicycle Made for Two) ☐ Row, Row, Row Your Boat

Who or what would your song be about? Write three things about them.

2 Ask AI for the words

If you have a device, try this prompt.

TRY THIS PROMPT

Please write new words to the tune of "Twinkle, Twinkle, Little Star" for my granddaughter Ella's 6th birthday. She loves dinosaurs, swimming and her cat, Biscuit. Keep it to two short verses, with the same number of syllables as the original lines, so it's easy to sing.

3 Does it fit the tune?

Sing or clap these lines to "Twinkle, Twinkle". The original first line has 7 syllables: *Twin-kle, twin-kle, lit-tle star*. Which line doesn't fit?

EXAMPLE AI VERSE

A: Happy birthday, Ella dear,
B: Dinosaurs are stomping here,
C: Biscuit the cat is purring on your bed and wants to play,
D: Splashing in the pool all day.

The line that doesn't fit is: _____ Why?

4 Write your own line

Write one line for your own song, to your chosen tune. Count the syllables on your fingers.

5 Good to know

- Some AI tools can make a whole new song, with music and a singing voice. Try one if you're curious.
- Use traditional tunes, or ones that are free to use, if you'll share your song online.
- Sing it through before the party, so there are no surprises.

> **No device?** In small groups, write a verse about your group to "She'll Be Coming Round the Mountain", then sing it!

Find out more: read the free step-by-step guide, with a 10-second video, at **nosebleed.si/ideas/make-up-a-song**

Teacher notes: Make up a song

Time: 45 to 60 minutes

Level: beginners; no AI experience needed

Group: any size; works well in pairs

You'll need: a copy per learner; phones or tablets with an AI chat app (optional)

Before the session

Try the prompt yourself. Ella is made up. Singing is optional: clapping the rhythm works just as well. The four tunes in Part 1 are traditional.

Running order

5 min	**Warm-up.** Songs everyone knows.
10 min	**Part 1.** Pick a tune and a subject.
15 min	**Parts 2 and 3.** Try the prompt, then check the fit.
15 min	**Part 4.** Write a line, then share.
5 min	**Wrap-up.** Sing it through!

Answers: Part 3

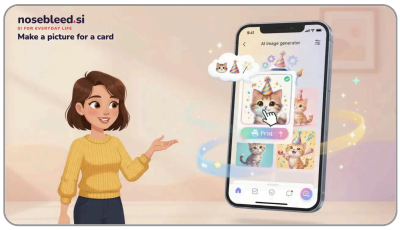
Line C is far too long (14 syllables, not 7), so it won't fit the tune. Ask AI: "Please make line 3 seven syllables, like the original."

Discussion points

- AI often struggles with syllables and rhythm. Singing it aloud is the best check.
- Copyright: new words to a modern song are fine at a family party, but sharing them online may break the songwriter's rights. Traditional tunes avoid this.
- AI music tools have their own terms of use. Check them before sharing a song publicly.

© FirstM Ltd 2026

Make a picture for a card



Describe the picture you'd like, and AI will draw it, then check it carefully before you print.

By the end, you'll be able to:

- describe a picture clearly: subject, style and colours
- ask for changes until it's right
- check pictures for common AI mistakes

Warm-up What makes a good card?

Talk about it with your group. Do you buy cards, or make them? What makes one special?

1 Describe the picture

The more you describe, the closer you'll get. Plan a picture for a card.

	Your plan
Who's it for, and what's the occasion?	
What's in the picture?	
What style? (cartoon, watercolour, like a photo)	
Which colours?	
Any words on it?	

2 Ask AI to draw it

You'll need an AI app that can make pictures. If you have one, try this prompt.

TRY THIS PROMPT

Please draw a picture for a birthday card: a cheerful ginger cat wearing a blue party hat, sitting next to a cake with candles. Soft watercolour style, pale colours, plenty of white space. Don't add any words.

3 Spot the mistakes

AI pictures can go wrong in odd ways. Tick the ones to check for.

	Seen it	Check for it
Words spelt wrongly, like "Hapy Brithday"		
Extra fingers, paws or legs		
A cat with two tails		
Colours you didn't ask for		
Things you asked for that are missing		

Talk about it: why might it be better to add the words yourself?

4 Ask for changes

The AI drew the cat with a red hat, and the cake is tiny. Write a follow-up asking for changes.

5 Good to know

- Don't ask for famous cartoon characters: they belong to someone else. Describe your own instead.
- Some apps limit how many pictures you can make for free.
- Print on card, or add the picture to a card-making website.

> **No device?** In pairs, one person describes a picture in words, and the other draws it. Did the drawing match? What details were missing?

Find out more: read the free step-by-step guide, with a 10-second video, at **nosebleed.si/ideas/make-a-picture-for-a-card**

Teacher notes: Make a picture for a card

Time: 45 to 60 minutes

Group: any size; works well in pairs

Level: beginners; no AI experience needed

You'll need: a copy per learner; paper and pens; phones or tablets with an AI app that can make pictures (optional)

Before the session

Try the prompt yourself. Not every AI chat app can make pictures, and some limit free use, so check what yours can do first. The no-device activity shows the same lesson: clear descriptions get better pictures.

Running order

5 min	**Warm-up.** What makes a good card.
10 min	**Part 1.** Plan a picture.
20 min	**Parts 2 and 3.** Try the prompt, then spot the mistakes.
10 min	**Part 4.** Write a follow-up.
5 min	**Wrap-up.** Describe, check, then print.

Answers: Part 3

All five are worth checking for. Words are a common problem: AI pictures often misspell them, so many people add words themselves, in the card or with a computer.

Part 4: an example

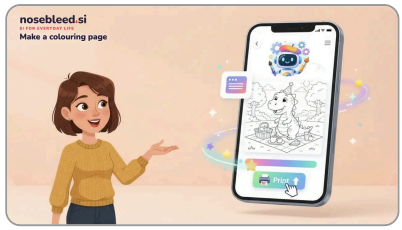
"Please make the party hat blue, as I asked, and make the cake bigger, about the same size as the cat. Keep everything else the same."

Discussion points

- Saying what you *don't* want (no words, no dark colours) helps too.
- Famous characters and brands are protected, so asking for your own design is the safe choice.
- Pictures made by AI should be described honestly if they're entered in competitions or sold.

© FirstM Ltd 2026

Make a colouring page



Use AI to draw a colouring page just right for a child you know, then check it before you print.

By the end, you'll be able to:

- describe what makes a good colouring page
- match the picture to a child's age
- check the picture before printing

Warm-up Did you colour in as a child?

Talk about it with your group. What did you like to colour? Do grandchildren or young friends colour now?

1 What makes a good colouring page?

Tick what suits each age.

	Age 4	Age 9
Thick, bold outlines		
Big shapes, with lots of space		
Lots of tiny details		
No grey shading		
A simple background, or none		
Patterns to fill in		

2 Ask AI to draw it

You'll need an AI app that can make pictures. If you have one, try this prompt.

TRY THIS PROMPT

Please draw a colouring page for a 4-year-old who loves tractors and sheep. Black outlines on white only, with thick lines, big simple shapes and no shading. Fill the page, with a simple farm background.

3 Check before you print

An AI drew a page with these problems. What would you ask it to change?

THE PROBLEMS

The tractor is coloured in red. · The sheep have lots of tiny curls. · There's grey shading under the tractor. · There's writing on the barn that doesn't make sense.

Your follow-up:

4 Plan one for a child you know

Use a first name only.

	Your plan
First name and age	
What they love	
Easy or detailed?	

Write your prompt:

5 Printing tips

- Save the picture, then print it at full page size.
- Choose black-and-white printing to save colour ink.
- Make a few different pages and keep them for rainy days.

> **No device?** In pairs, draw a simple colouring page for a 4-year-old: big shapes, thick lines. Swap and colour each other's!

Find out more: read the free step-by-step guide, with a 10-second video, at **nosebleed.si/ideas/make-a-colouring-page**

Teacher notes: Make a colouring page

Time: 45 to 60 minutes

Group: any size; works well in pairs

Level: beginners; no AI experience needed

You'll need: a copy per learner; coloured pencils; phones or tablets with an AI app that can make pictures (optional)

Before the session

Try the prompt yourself, and print the result. Not every AI chat app can make pictures. Coloured pencils make the session more fun, especially for the no-device activity.

Running order

5 min	**Warm-up.** Colouring memories.
10 min	**Part 1.** What suits each age.
20 min	**Parts 2 and 3.** Try the prompt, then the follow-up.
10 min	**Part 4.** Plan a page for a child they know.
5 min	**Wrap-up.** Check, then print.

Answers: Part 1

Age 4: thick outlines; big shapes; no shading; a simple background.
Age 9: many will enjoy more detail and patterns. Thick outlines and no shading still help at any age.

Part 3: an example

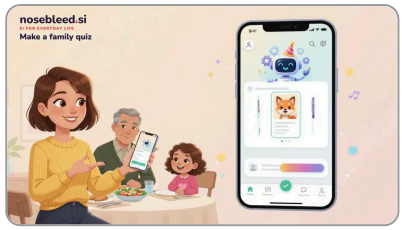
"Please draw it again in black outlines only, with no colour and no grey shading. Give the sheep simple, smooth wool, and take the writing off the barn."

Discussion points

- AI often adds colour or shading, even when asked not to. Ask again, plainly.
- Pictures of the child's own favourite things are what make it special.

© FirstM Ltd 2026

Make a family quiz



Use AI to make a quiz for all ages, with an answer sheet, then check every answer before the big night.

By the end, you'll be able to:

- plan quiz rounds for different ages
- use AI to write questions and answers
- check AI's answers, because it can be wrong

Warm-up What makes a quiz fun?

Talk about it with your group. Pub quizzes, TV quizzes, Christmas quizzes: what do you enjoy, and what spoils it?

1 Plan the rounds

Who's playing? Plan four rounds that give everyone a chance.

	Your plan
Who's playing? (ages)	
Round 1	
Round 2	
Round 3	
Round 4	

2 Ask AI for questions

If you have a device, try this prompt.

TRY THIS PROMPT

Please write a family quiz for Christmas Day. There'll be 10 of us, aged 7 to 82. Make four rounds of five questions: animals, music through the years, food, and our town. Mark some questions as "for the children". Put the answers on a separate list at the end.

3 Check the answers

Here are some questions and answers an AI wrote. Tick each answer.

	Right	Wrong
How many legs does a spider have? **6**		
What is the capital of Australia? **Sydney**		
Which planet is closest to the Sun? **Mercury**		
How many players in a football team on the pitch? **11**		
What colour do you get by mixing blue and yellow? **Green**		

4 Write your own round

The best rounds are about your own family. Write three questions only your family could answer. For example: "Where did Grandma and Grandad go on honeymoon?"

5 Good habits

- Check every answer with a trusted source. AI can be confidently wrong.
- "Our town" questions are the riskiest: AI may not know local facts.
- Ask AI for a picture round or a music round to mix things up.

> **No device?** Split into two teams. Each team writes five questions for the other. The teacher checks the answers!

Find out more: read the free step-by-step guide, with a 10-second video, at **nosebleed.si/ideas/make-a-family-quiz**

Teacher notes: Make a family quiz

Time: 45 to 60 minutes

Level: beginners; no AI experience needed

Group: any size; works well in pairs

You'll need: a copy per learner; phones or tablets with an AI chat app (optional)

Before the session

Try the prompt yourself, and check the answers it gives. A quiz is a good way to show that AI can be confidently wrong, without anything serious at stake.

Running order

5 min	**Warm-up.** What makes a quiz fun.
10 min	**Part 1.** Plan the rounds.
15 min	**Parts 2 and 3.** Try the prompt, then check the answers.
15 min	**Part 4.** A family round.
5 min	**Wrap-up.** Quick-fire quiz using learners' questions.

Answers: Part 3

Wrong: a spider has **8** legs; the capital of Australia is **Canberra**.
Right: Mercury; 11; green.

Discussion points

- Wrong quiz answers cause arguments! Check them before the day.
- Ask AI to "check these answers", then check anything it isn't sure about in a reference book or a trusted website.
- Family questions bring out stories, and include everyone.

© FirstM Ltd 2026

Make a flyer for an event



Use AI to write clear, catchy words for a flyer, then check the details people need to turn up.

By the end, you'll be able to:

- list the details every flyer needs
- use AI to write short, catchy wording
- check dates, times and prices before printing

Warm-up What makes you stop and read a poster?

Talk about it with your group. Think of a poster in a shop window or on a noticeboard. What made you read it?

1 The must-have details

June is organising a coffee morning. These are her made-up notes. Fill in the table.

JUNE'S NOTES
Coffee morning at St Mary's Hall, Church Lane. Saturday 13 March 2027, 10 am to 12 noon. £2 entry, including tea or coffee and cake. Raising money for the hall roof. Cake stall and raffle. Step-free access. Call June on 01632 960 456.

	Details
What?	
When?	
Where?	
How much?	
Who to contact?	

2 Ask AI for the wording

If you have a device, try this prompt with June's notes.

TRY THIS PROMPT

Please write the wording for an A4 flyer for this coffee morning. Give it a short, catchy headline, then the key details in large, clear text: what, when, where, cost and contact. Keep it under 60 words. Only use the details I've given you. Here are my notes:

3 Check the flyer

An AI wrote this. Find **two** mistakes.

EXAMPLE AI FLYER

Cuppa for the Roof!
Join us for a coffee morning at St Mary's Hall, Church Lane.
Sunday 13 March 2027, 10 am to 12 noon.
Free entry! Cake stall and raffle.
Call June: 01632 960 456

4 Make it easy to read

Tick the good ideas for a flyer.

☐ A big, clear headline ☐ Tiny text to fit more in ☐ Dark text on a light background

☐ A picture that fits the event ☐ Ten different fonts ☐ The date and time stand out

Write a catchy headline for an event of your own.

5 Before you print

- Check the day and date on a calendar.
- Ask someone else to read it: a second pair of eyes catches mistakes.
- AI can also make a picture for the flyer, or a short version for social media.

> **No device?** In small groups, sketch June's flyer on paper. Which details go biggest?

Find out more: read the free step-by-step guide, with a 10-second video, at **nosebleed.si/ideas/make-a-flyer-for-an-event**

Teacher notes: Make a flyer for an event

Time: 45 to 60 minutes

Level: beginners; no AI experience needed

Group: any size; works well in pairs

You'll need: a copy per learner; phones or tablets with an AI chat app (optional)

Before the session

Try the prompt with June's notes. June and St Mary's Hall are made up. The phone number is from a range reserved for drama, so it can't be real. 13 March 2027 is a Saturday.

Running order

5 min	**Warm-up.** Posters that work.
10 min	**Part 1.** The must-have details.
15 min	**Parts 2 and 3.** Try the prompt, then check the flyer.
15 min	**Parts 4 and 5.** Easy to read; headlines.
5 min	**Wrap-up.** Check the date on a calendar.

Answers: Part 1

What: a coffee morning (cake stall, raffle) for the hall roof.
When: Saturday 13 March 2027, 10 am to 12 noon.
Where: St Mary's Hall, Church Lane.
How much: £2, including a drink and cake.
Contact: June, 01632 960 456.

Answers: Part 3

1. **Sunday**: it's Saturday.
2. **Free entry**: it's £2.

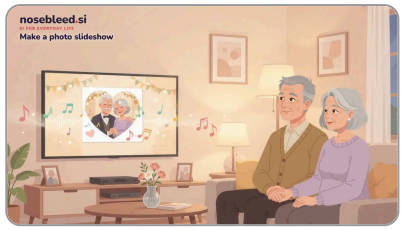
It also leaves out step-free access, which some people need to know.

Answers: Part 4

Good: a big headline; dark on light; a fitting picture; the date and time standing out. Avoid tiny text and lots of fonts.

© FirstM Ltd 2026

Make a photo slideshow with music



Use AI to plan the order, captions and timing of a slideshow, and get steps for your own phone or computer.

By the end, you'll be able to:

- plan a slideshow's story and timing
- use AI to get steps for your own device
- check AI's sums and suggestions

Warm-up Where would you show a slideshow?

Talk about it with your group. A birthday party? An anniversary? A memorial? A holiday evening with friends?

1 Plan the story

Ruby wedding slideshows often go in date order. Plan one for an occasion you choose.

	Your plan
The occasion	
How many photos?	
Beginning	
Middle	
End (a good last photo)	

2 Ask AI for help

If you have a device, try this prompt. Change the phone or computer to yours.

TRY THIS PROMPT

I'd like to make a slideshow of 40 photos with music for my parents' ruby wedding party. I have an iPhone. Please explain, in simple numbered steps, how to make it with what I already have, and suggest how long each photo should show for.

3 Check the sums

An AI said: *"40 photos at 5 seconds each will make a slideshow of about 2 minutes."* Is that right?

40 × 5 seconds = _____ seconds = _____ minutes

The song you've chosen lasts 3 minutes. What could you do?

4 Captions

Short captions help people follow the story. Write a caption for one photo you'd include.

5 Good to know

- Phones and computers usually have a free way to make slideshows built in. AI can explain where to find it.
- Playing music at a family party is fine. Sharing a slideshow online with a famous song may be blocked, because of copyright.
- Watch it all the way through before the day.

> **No device?** In small groups, put ten printed photos (or postcards) in order to tell a story, and agree how long each should show.

Find out more: read the free step-by-step guide, with a 10-second video, at **nosebleed.si/ideas/make-a-photo-slideshow**

Teacher notes: Make a photo slideshow with music

Time: 45 to 60 minutes

Group: any size; works well in pairs

Level: beginners; no AI experience needed

You'll need: a copy per learner; printed photos or postcards for the no-device activity; phones or tablets with an AI chat app (optional)

Before the session

Try the prompt with your own phone or computer. The steps vary between devices, which is where AI helps: it can tailor them.

Running order

5 min	**Warm-up.** Where slideshows are shown.
10 min	**Part 1.** Plan the story.
20 min	**Parts 2 and 3.** Try the prompt, then check the sums.
10 min	**Parts 4 and 5.** Captions; good to know.
5 min	**Wrap-up.** Plan, check, rehearse.

Answers: Part 3

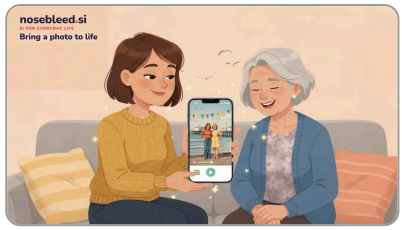
40 × 5 = **200 seconds**, which is 3 minutes 20 seconds, not 2 minutes.
With a 3-minute song: show each photo for a little less (about 4½ seconds); remove a few photos; or add a second song.

Discussion points

- A ruby wedding is 40 years.
- Mixing in a few short videos keeps people watching.
- For a memorial, gentle music and fewer captions often work best.

© FirstM Ltd 2026

Bring a photo to life



Learn how AI can add gentle movement to a photo, when it's a lovely idea, and when to think twice.

By the end, you'll be able to:

- describe gentle movement for a photo
- think about consent and feelings
- spot AI-made video, and protect yourself from scams

Warm-up Have you seen a moving photo?

Talk about it with your group. Have you seen an old photo brought to life? How did it make you feel?

1 Lovely, or think twice?

Tick what you think about each idea.

	Lovely	Think twice
Waves rolling in a seaside photo		
Bunting fluttering at a street party		
A grandchild's photo waving "hello", made by their parent		
Making a friend's photo dance, without asking		
Making Grandad, who has died, say words he never said		
A famous person "recommending" a product they've never used		

2 Describe the movement

Some AI apps can turn a photo into a short clip. Gentle, simple movement works best. Try this prompt.

TRY THIS PROMPT

Please bring this photo to life with gentle movement: the waves rolling in, and the bunting moving in the breeze. Keep the people still and natural, and don't change their faces.

Choose a photo you'd like to bring to life. What movement would you ask for?

3 Is it real?

AI can make fake videos of real people, and scammers use them. Tick the signs that a clip might be AI-made.

☐ Faces that blur or change ☐ Odd hands or teeth ☐ Words that don't match the lips

☐ A famous person offering money or investments ☐ An urgent request for money

Have you ever seen a video or photo you weren't sure was real? What made you wonder?

4 Protect your family

Scammers can copy voices too. Some families agree a **secret code word**, so they can check a call is really from them. What other checks could you use?

5 Good habits

- Ask before bringing someone's photo to life, especially if they're living.
- Label clips as AI-made when you share them.
- Be gentle with photos of people who have died. Not everyone will find it comforting.
- If a video asks for money, check with the person another way.

> **No device?** In small groups, talk about Part 1. Do you all agree? What would make the "think twice" ideas OK?

Find out more: read the free step-by-step guide, with a 10-second video, at **nosebleed.si/ideas/bring-a-photo-to-life**

Teacher notes: Bring a photo to life

Time: 45 to 60 minutes

Level: beginners; no AI experience needed

Group: any size; works well in pairs

You'll need: a copy per learner; phones or tablets with an AI chat app (optional)

Before the session

Try the prompt with a seaside or street-party photo if you have an app that can do it; many need a paid plan. The no-device version works well, because the discussion is the heart of this session.

Running order

5 min	**Warm-up.** Moving photos.
15 min	**Part 1.** Lovely, or think twice? Allow plenty of discussion.
10 min	**Part 2.** Describe gentle movement.
15 min	**Parts 3 and 4.** Spotting fakes; protecting family.
5 min	**Wrap-up.** Ask, label, check.

Answers: Part 1

Lovely: the waves; the bunting; a parent's clip of their own child.
Think twice: a friend's photo without asking; words Grandad never said (some families may find it upsetting, or misleading); a fake celebrity endorsement (this is a common scam).

Answers: Part 3

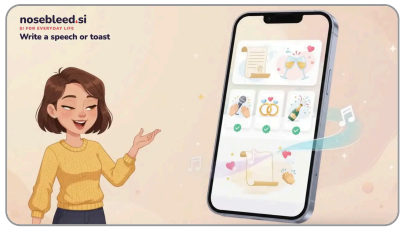
All are warning signs. The last two are the most important: real celebrities don't offer investments in videos, and urgent money requests are a classic scam sign.

Part 4: other checks

Hang up and call back on a number you know; ask a question only they would know; talk to another family member first.

© FirstM Ltd 2026

Write a speech or toast



Use AI to shape your stories into a warm speech of the right length, in your own voice.

By the end, you'll be able to:

- gather stories and plan a simple shape
- use AI to draft a speech of the right length
- check it's true, kind and sounds like you

Warm-up Have you ever given a speech?

Talk about it with your group. A wedding? A retirement? A birthday? How did it feel? What makes a speech good?

1 Gather the stories

Sue is giving a 3-minute speech at her brother Dave's 70th. Here are her made-up notes. Underline the best story.

SUE'S NOTES

Dave: 70. Worked on the buses for 40 years. Taught me to ride a bike (into a hedge!). Loves Elvis and his allotment. Married to Carol for 45 years. Always first to help a neighbour.

A simple shape for a speech:

1. **Hello**, and who you are
2. **A story** or two
3. **What they mean to you**
4. **The toast**: "Please raise your glasses to..."

Think of someone you might give a speech about. Which story would you tell?

2 Ask AI for a draft

If you have a device, try this prompt with Sue's notes.

TRY THIS PROMPT

Please help me write a warm, gently funny speech for my brother Dave's 70th birthday party. It must last about 3 minutes when read aloud. Use only these details, follow this order: hello, a story, what he means to me, a toast. Use simple words that sound like me talking.

3 Check the draft

An AI draft had these problems. Write what you'd do about each.

	What would you do?
It's 1,100 words long.	
It says Dave crashed a bus.	
It uses words like "indefatigable".	

4 Make it yours

Write the toast: the last line of the speech.

5 On the day

- Practise out loud, and time yourself.
- Print it in large text, with gaps between paragraphs.
- Look up, smile, and pause for laughs.
- Keep jokes kind: nothing to embarrass anyone.

> **No device?** In pairs, tell your partner a one-minute story about someone you know. Then swap. What made the story work?

Find out more: read the free step-by-step guide, with a 10-second video, at **nosebleed.si/ideas/write-a-speech-or-toast**

Teacher notes: Write a speech or toast

Time: 45 to 60 minutes

Level: beginners; no AI experience needed

Group: any size; works well in pairs

You'll need: a copy per learner; phones or tablets with an AI chat app (optional)

Before the session

Try the prompt with Sue's notes. Sue and Dave are made up. Most people speak about 130 words a minute, so a 3-minute speech is about 400 words.

Running order

5 min	**Warm-up.** Speeches we've given or heard.
10 min	**Part 1.** Stories and a simple shape.
20 min	**Parts 2 and 3.** Try the prompt, then fix the problems.
10 min	**Part 4.** Write the toast.
5 min	**Wrap-up.** Volunteers read their toasts.

Answers: Part 3

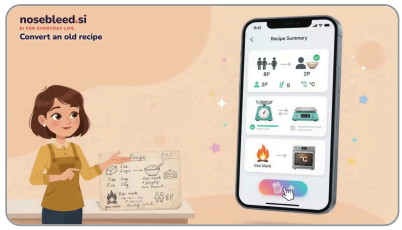
1,100 words: far too long, about 8 minutes. Ask AI to cut it to about 400 words.
Crashed a bus: made up, and could embarrass him. Take it out.
"Indefatigable": ask for simple words ("he never stops"), so it sounds like Sue.

Discussion points

- The bike-into-the-hedge story is personal, funny and kind: a good choice.
- AI can make a speech sound like a greetings card. Your own words and stories are what people remember.
- Reading it aloud is the best check of length and tone.

© FirstM Ltd 2026

Convert an old recipe



Use AI to change ounces and gas marks into grams and oven temperatures, and scale a recipe up or down, then check the numbers.

By the end, you'll be able to:

- share an old recipe with AI
- convert weights and oven temperatures
- check AI's numbers before you bake

Warm-up Do you have an old family recipe?

Talk about it with your group. Who wrote it? Is it in a book, on a card, or in your head?

1 Read Gran's recipe

Here's a made-up recipe card. Circle anything a young cook today might not understand.

GRAN'S RECIPE CARD

Victoria sponge

8 oz self-raising flour · 8 oz butter · 8 oz caster sugar · 4 eggs

Cream the butter and sugar. Beat in the eggs. Fold in the flour. Divide between two 8-inch tins. Bake at gas mark 4 for 20 to 25 minutes.

What does "cream the butter and sugar" mean?

2 Ask AI to convert it

If you have a device, type in the recipe, or share a photo of it, and try this prompt.

TRY THIS PROMPT

Please convert this old recipe to grams and to oven temperatures in °C, including for a fan oven. Then halve it, so it makes one smaller cake. Show both versions, and explain any old-fashioned words.

3 Check the numbers

An AI gave this answer. Use the table below to find **two** mistakes.

EXAMPLE AI ANSWER

Flour 450 g · butter 225 g · sugar 225 g · 4 eggs.
Bake at 220°C (200°C fan) for 20 to 25 minutes.

Ounces	Grams (roughly)
4 oz	115 g
8 oz	225 g
16 oz (1 lb)	450 g

Gas mark	°C	°C fan
4	180	160
7	220	200

The mistakes are:

4 Halve it

Work out the half-size cake yourself.

Flour: _____

Butter: _____

Sugar: _____

Eggs: _____

Would you use the same tins, and the same baking time? What would you change?

5 Good habits

- Check AI's conversions: an oven 40 degrees too hot can ruin a cake.
- Ovens vary. Check your oven's own guide, and look at the cake near the end.
- Keep the original card safe. Take a photo of it too, as a backup.

> **No device?** In pairs, convert Gran's recipe using the tables on page 2, then halve it. Compare answers.

Find out more: read the free step-by-step guide, with a 10-second video, at **nosebleed.si/ideas/convert-an-old-recipe**

Teacher notes: Convert an old recipe

Time: 45 to 60 minutes

Level: beginners; no AI experience needed

Group: any size; works well in pairs

You'll need: a copy per learner; calculators (optional); phones or tablets with an AI chat app (optional)

Before the session

Try the prompt yourself. The conversions on page 2 are the rounded figures used in most UK cookery books. Bring an old recipe book if you have one: learners enjoy the old words.

Running order

5 min	**Warm-up.** Family recipes.
10 min	**Part 1.** Old words and measures.
20 min	**Parts 2 and 3.** Try the prompt, then check the numbers.
10 min	**Part 4.** Halve the recipe.
5 min	**Wrap-up.** Check the numbers before you bake.

Answers: Part 1

Likely: oz, gas mark, cream, fold in, 8-inch tins. **Cream** means beating butter and sugar together until pale and fluffy.

Answers: Part 3

1. Flour is **225 g**, not 450 g (that's 1 lb).
2. Gas mark 4 is **180°C (160°C fan)**, not 220°C.

Answers: Part 4

Flour 115 g; butter 115 g; sugar 115 g; 2 eggs. Use smaller tins (or one 8-inch tin), and check it a little sooner.

Discussion points

- 1 oz is about 28 g; cookery books round 8 oz to 225 g.
- An 8-inch tin is about 20 cm.
- A photo of a handwritten card can be misread. Check every number.

© FirstM Ltd 2026